

2009 The System Seminar Itinerary (Sample-will adjust slightly at each location)-each session has new additions

## Day 1

1:00- 3:00: Registration and Introduction  
3:00-3:30: “The System” Philosophy  
3:30-4:00: NASCAR  
4:00-6:00: 90 Series Passing Game  
6:00- 7:30: Dinner-On your own  
7:30-9:30: 60 Series Passing game  
9:30-10:30: Question and answer session

## Day 2

8:00am-9:30: Screens  
9:30- 12:30: Receiver Drills and Technique  
12:30-2:00: Lunch- On your own  
2:00-6:00: Off Line Drills and Techniques, plus Blitz Pickup  
6:00-7:30-Dinner-On your own  
7:30-9:00: Run Game  
9:00-10:30: Running Back Drills and Techniques

## Day 3

8:00-9:00: QB Drills and Technique  
9:00-9:15: Ed McCaffery video  
9:15-9:45: Wrist band Technology  
9:45- 10:30: Practice Schedules  
10:30-11:00: Intro to Sample game scripts  
11:00-11:30: Special Video (Drives-Coming Off-Big Plays-Trick Plays-QB Smarts  
11:30-12:00: Team Drills and Techniques  
12:00-?????-Game planning Question and Answers-Zones of the field-Winning Ugly or Pretty-Just Win  
(The 100% no mistake system?) Closing